

41 GERMANTOWN ROAD, DANBURY, CT 06810 (203) 744-1680 FAX: (203) 792-6510

Leon A. Baczeski, Jr., M.D., FA.A.P. David B. Gropper, M.D., FA.A.P. Bruce W. Cohen, M.D., FA.A.P. Rachel R. Rothschild, M.D., FA.A.P. Jamie L. Alon, M.D., FA.A.P. Leah A. Sterry, D.O., FA.A.P. Aaron M. Slaiby, D.O., FA.A.P. José F. Arraiano, P.A.-C. Andrea M. Fedor, P.A.-C

Alvin Goldman, M.D., Emeritus Robert C. Joy, M.D., Emeritus L. Robert Rubin, M.D., Emeritus John E. Ertl, M.D., Emeritus

Good healthcare for newborns, infants, children, and adolescents begins with the well-child visit (check-up) and other services that help keep children healthy. These are *preventative* services. Our doctors, physician assistants and staff provide these services based on a plan called Bright Futures. The American Academy of Pediatrics (AAP) made this plan to help doctors and families know what preventative services children should receive from birth to 21 years of age, such as screening tests, and advice about staying healthy and safe. This plan can be altered to suit each child as needed. We also follow the AAP vaccine schedule for newborns, infants, children and adolescents.

Because preventative services are important to keeping children healthy, the Patient Protection and Affordable Care Act (health care reform law) includes a rule that all preventative care screenings and services included in the Bright Futures plan and vaccine schedule must be covered by most health plans. This is not always true though, as some older plans called grandfathered plans, do not have to pay in full for preventative services.

## Health Plan Terms to Know

Co-payment: A fixed amount that you pay for certain health services before the health plan pays Co-insurance: The portion of the charge that is not paid by the health plan (usually a fixed percent of each amount paid by the plan

Deductible: An amount that must be paid before the health plan pays for covered services

There may also be times when a child needs a service that is not considered preventative on the same day as a well-child visit. If a child is not well or a problem is found or needs to be addressed during the check-up, the provider may need to provide an additional office visit service (a.k.a- a sick visit, encounter or evaluation and management) to care for the child. This is a different service and is billed to your health plan in addition to the preventative services provided on that day. If you have a co-payment for office visits or co-insurance or deductible amounts that you must pay before your health plan pays for these services, our office will charge you these amounts.

We value your time and want to make the most of each appointment for the child. This is why we will address any problem that needs a doctor's care during well-child visits so that only one trip is needed. Some services that may be provided and billed in addition to preventative services include:

- -The doctor's work to address more than a minor problem, which will be billed as an office visit (i.e. if the doctor gives a prescription, orders tests, or changes care for a known problem)
- -Medical treatments (i.e. breathing treatments)
- -Any surgery (i.e. removing splinters or something the child put in his or her nose or ear)
- -Tests performed in the office that aren't included in the Bright Futures plan

Our office does not want you to be surprised by a bill but must always bill your health plan based on the actual services provided. Please feel free to ask questions about services that may not be paid in full by your health plan on the day of your visit. It is our pleasure to help!

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## The following is a list of our preventative services

- 1-2 week well visit
- 2 month well visit
- 4 month well visit
- 6 month well visit
- 9 month well visit
- 12 month well visit
- 15 month well visit
- 18 month well visit
- 2 year well visit
- 3 year well visit
- Every year after 3 years old

NOTE: We see patients up to the day they turn 22 years old and then it is required you transfer your records to and adult primary care physician.

## Examples of Evaluation and Management services

- Weight and Color check after discharge from hospital
- 1 month follow-up
- 2 ½ year old growth and development check